

PRAYER



What is intercessory prayer?

Quite simply, intercessory prayer is the act of praying on behalf of others.

The role of mediator in prayer was common in the Old Testament, in the cases of Abraham, Moses, David, Samuel, Hezekiah, Elijah, Jeremiah, Ezekiel, and Daniel. Christ is pictured in the New Testament as the ultimate intercessor, and because of this, all Christian prayer becomes intercession since it is offered to God through and by Christ. Jesus closed the gap between us and God when He died on the cross.

Because of Jesus' mediation, we can now intercede in prayer on behalf of others, asking God to grant their requests

according to His will. *“For there is one God and one mediator between God and men, the man Christ Jesus”* (1 Timothy 2:5). *“Who is he that condemns? Christ Jesus, who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us”* (Romans 8:34).

The following is only a partial list of those for whom we are to offer intercessory prayers: all in authority (1 Timothy 2:2); ministers (Philippians 1:19); Jerusalem (Psalm 122:6); friends (Job 42:8); people from our own country (Romans 10:1); the sick (James 5:14); enemies (Jeremiah 29:7);

Phillipians 4:5-7

Let your gentle spirit be known to all men (people). The Lord is near. Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

those who persecute us (Matthew 5:44); those who forsake us (2 Timothy 4:16); and all people (1 Timothy 2:1).

Some people think that those who say intercessory prayers are a special class of “super-Christians,” called by God

Prayer Walk
Take a prayer walk around your local streets – pray for the people, the places, allow God’s Spirit to guide your prayer and your path as you walk. Walk slowly, really notice your surroundings. Find something new, pray for God’s guidance for how you could bring God’s kingdom here on earth in your locality.
Write a prayer on the sole of your shoe and let it rub off as you walk around.

to a specific “ministry of intercession”. The Bible is clear that all Christians are called to be intercessors.

All Christians have the Holy Spirit in their hearts and, just as the Holy Spirit intercedes for us in accordance with God’s will (Romans 8:26-27), we are to

intercede for one another. This is not a privilege limited to an exclusive Christian elite; this is the

command to all of us.

In Ephesians 6:16-18, Paul encourages the Ephesian believers—all of them—on the fundamentals of the Christian life, which includes intercession *“on all occasions with all kinds of prayers and requests.”*

Clearly, intercessory prayer is part of the Christian life for all believers.

God calls all Christians to be intercessors. God wants us all to be active in intercessory prayer. What a wonderful privilege we have in being able to come before Almighty God with our prayers and requests!

Compass Prayers
using the points of the compass to pray for people close by and far away
www.barnabasinschools.org.uk/praying-the-compass/

**Hand Prayers -
using our hands to pray for
God to impact our lives and the
world around us**

Thumbs up – give thanks for good things and blessings
in our lives.

Index finger (pointing) – ask God for direction in our lives
to help to point the way.

Middle finger (strongest and biggest) – pray for those in
power, for leaders, teachers, politicians. For those who are strong to
use their strength wisely and carefully.

Ring finger – pray for those you love. For those you are close to,
those you wish you were closer to, those who love you and care
for you.

Little finger – pray for the weak, the sick and the poor.
Pray for people in your own community and across
the world who need God's help, pray for the
people who seek to bring help to
these people.

**Helpful Videos
about Praying**
24/7 Prayer – Why Pray?
youtu.be/QVHUx_EJnUs
Rob Bell - Open
youtu.be/FKOA79thhw

**Pray
every day**
Both of our churches are
open all day, every day. Why
not spend some time in silent
prayer for the world, the
community and your
friends and family

Prayer chain

If you ever need the church to pray for you urgently, contact Katie Taurins on 07777 690026 - she can get a message to a chain of people ready to pray at any time.

Daily Prayers

You can sign up to receive our daily prayers by email on the website (gkchurch.org.uk), or on our Facebook page (GK Church) or on Twitter (GK Church)

Praying with others

All our small groups spend time praying for each other and for the world.

To find out more about small groups look at the website or call Lizzie Nelson on 07825 374493

GETTING
to know **GOD &**
EACH OTHER
BETTER

